



Waiver and Release Form Adult

In consideration of allowing me to volunteer with Heart In Motion, a nonprofit organization in the Bay Area, I, _____, and anyone acting on my behalf, including but not limited to attorneys, representatives, agents, heirs, executors, administrators, assigns, insurers, predecessors, successors or any other person or entity asserting claims through me, agree to release, indemnify, defend and hold harmless Heart In Motion, and all of their respective directors, officers, shareholders, members, subsidiaries, partners, agents, employees, successors, parents, heirs, executors, administrators and affiliates thereof (collectively, the "Releasees"), from and against any and all claims, suits, losses, damages, expenses, costs, and liabilities (including reasonable attorneys' fees and expenses) which hereinafter may accrue or arise against the Releasees and which in any way arise out of or are in any way related to (a) my participation as a volunteer for Heart in Motion, and (b) the use of my name, photograph, quotation, and likeness in any advertising or promotions which relate to the Event, and/or any advertising or promotions which are otherwise related to the business activities of the Releasees.

I UNDERSTAND THE DANGER OF PERSONAL INJURY OR DEATH THAT MAY RESULT FROM MY PARTICIPATION AS A VOLUNTEER FOR HEART IN MOTION, AND I, PERSONALLY, ASSUME ANY AND ALL RISK THAT IS IN ANY WAY ASSOCIATED WITH, RELATED TO OR OCCURS AS A RESULT OF MY PARTICIPATION IN THE EVENT.

I hereby give Releasees, or any one of them, permission to use my name, photograph, quotations and likeness in any advertisements or promotions of the Releasees, and agree I shall not be entitled to any compensation for any such uses.

I have read this general release and waiver of claims and covenant not to sue and fully understand its contents. I am aware that this is an agreement not to sue the Releasees and constitutes a complete release of liability by me and anyone acting on behalf in favor of the Releasees. I acknowledge that I am signing this document of my own free will, with full knowledge of the risks that I am assuming. This document is valid for the duration of my membership with Heart in Motion.

Read and Agreed to by:

PRINT Name of Volunteer

Signature of Volunteer

Date Signed

Address

City / State

Zip Code

Volunteer Cell Phone

PRINT Email Address of Volunteer